FAITH...GIFTEDNESS...PARTNERSHIP

Apostolate for Persons with Disabilities - Diocese of Madison

Love, Care and Compassion for Persons with Disabilities Since 1967

608.821.3050 :: 702 S. High Point Rd, Suite 225, Madison, WI 53719 :: APD@MadisonDiocese.org

Blessings & Peace to You All,

On Ash Wednesday, March 2, 2022 we entered the Season of Lent. This sacred season prepares us for the celebration of the Paschal Mystery as we journey with those preparing for Baptism and Initiation for Full Communion with the Catholic Church, and as we journey with each other as we recall our own Baptism and embrace a deeper sense of conversion as we humbly respond to the Lord's call: **Return to Me with all your heart.** Lent is both penitential and baptismal in nature.

This season runs from Ash Wednesday through Holy Week and the Sacred Triduum culminating with the great Feast of Easter. It encompasses three phases. The first phase forces us to confront our own sinful nature. The second phase emphasizes Christ's promise of eternal life. The third phase, during the final weeks of Lent, points us toward the observance of the Lord's passion.

Lent is a season of conversion, a continual journey toward holiness - our relationship with the Lord Jesus growing our trust and reliance on God's grace. We face many challenges in our lives, in our world, and in our Church. In the midst of all, the Church calls us to pray more sincerely, help generously and support each other more intensely .

The Lenten Season is 40 days long. Good to remember that the number 40 is symbolic – a time of testing, purification, and preparation. Wherever each of us is on our faith journey right now, may we come to the Lord with open hearts to receive God's grace and guidance. The Lord wants us to live life more fully, now and for eternity. Listen to the Lord who personally calls each of us: *Return to Me with all your heart.*

Blessings for you all.

Msgr. Larry Bakke

Easter Triduum







Upcoming Feasts

April 10: Palm Sunday

April 14: Holy Thursday

April 15: Good Friday

April 16: Holy Saturday

April 17: Easter Sunday

April 24: Divine Mercy Sunday

April 25: St. Mark

May 29: The Ascension

May 31: The Visitation



Request tickets today: The Apostolate's Day at the Duck Pond will be Wednesday, July 13, 2022! More info on page 4.



a guide to HOLY WEEK

Palm Sunday



People of Jerusalem welcome Jesus as king as he triumphantly enters the city



Crowd waves palms and lays cloaks on the ground before him



Jesus rides in on a donkey to fulfill Old Testament prophecies



The liturgy begins with blessing of palms, an extra reading about Jesus' entry into Jerusalem, and a procession while the congregation waves palms to play the part of the crowds



Take the palms and place them in your home or workplace as a witness to faith in Jesus' Paschal Victory

Put yourself in the shoes of the people who first welcomed Christ as king, but in a matter of days, called for his crucifixion

What Happened That Day



What You'll See at Church



How to Live Out the Day



Though chronologically three days, the PASCHAL TRIDUUM is one liturgical day unfolding for us the unity of Christ's Paschal Mystery

Holy Thursday



Jesus celebrates the Last Supper with his Apostles



Jesus institutes the Eucharist and constitutes the Apostles as priests



Displaying great humility, Jesus washes the feet of his Apostles



Gives mandatum, command to love one another as he has loved them



During the agony in the garden, he accepts God's will, then is arrested



At the end of Mass the altar is stripped and all decorations are covered or removed. Even the tabernacle is emptied and all consecrated hosts are moved to an Altar of Repose to mimic the absence and loss felt by the disciples during Jesus' agony and death.

No final blessing as the liturgical day continues



Make a pilgrimage to visit seven churches in your area

Spend an hour in adoration

Good Friday



While Jesus was being questioned, Peter denies him three times



Pilate has Jesus scourged and a crown of thorns put on his head



Jesus carries his own cross to Calvary, where he is crucified



With the words, "It is finished," Jesus dies and darkness descends



Jesus is taken down from the cross and placed in the tomb



This is the only day of the year where no Masses are celebrated, and no sacraments are performed, unless it's an emergency

Candles are only lit during the liturgy when the Eucharist is present and during the Veneration of the Cross



Fasting and abstinence from meat

Pray the Stations of the Cross

Maintain silence during the hours Jesus was on the cross

Easter Sunday



Jesus rises, conquering death, and opening the path to new life!



Empty tomb is found first by the holy women, then by Peter and John



Jesus appears to multiple groups of disciples, they see and believe



Take part in a festive gathering with family and friends to honor this day as the highest of feasts

Start by blessing the table and home with holy water from the Easter Mass

Keep the celebration going during the Octave of Easter for eight days, and the Easter season for 50 days until Pentecost



Catechumens receive sacraments of initiation, and the whole congregation renews baptismal vows

We sing Alleluia again for the first time since the beginning of Lent

The new Paschal candle is carried into the church and the congregations' candles are lit from it

Thank you to the Diocese of Lafayette providing this free resource on their website and permission to print it here. The creator of the design is a friend of Kellie O'Brien who works for the Apostolate. May it help you enter into Holy Week more deeply!

Mental Health First Aid

By Dcn. Jim Hoegemeier

he Apostolate for Persons with Disabilities -Diocese of Madison recently offered Mental Health regular basis in the future. Trainings will be offered First Aid training for people involved in various ministries within the diocese. This was the first offering of this training through the Apostolate. This training is an initial step in responding to Bishop Donald Hying's call to develop stronger parish-based mental health ministry and resources throughout the Diocese of Madison.

Mental Health First Aid is a training program to help people recognize patterns of thoughts, feelings, behaviors, and appearance in other people that could indicate they are experiencing a mental health challenge. Participants in this training learn about a basic action plan that can be applied in both non-crisis and crisis situations involving mental health challenges. General information can be found on the Mental Health First Aid website at: www.mentalhealthfirstaid.org. Mental Health First Aid training typically lasts one entire day. There is about 2 hours of pre-course work that participants complete online and at their own pace. Those who complete the course become certified Mental Health First Aiders.

The Apostolate plans to offer this training on a in-person and virtually. For more information on upcoming trainings or to arrange a training for your group, contact the Apostolate at (608) 821-3050 or APD@MadisonDiocese.org.



"The training provides a way for us to feel empowered to approach and accompany those experiencing challenges related to mental health issues. It also reinforces an understanding of the need for boundaries between accompaniment and treatment. It's a great first step in the path toward **effective parish mental health ministry."** – Cheryl Horne, Pastoral Associate and Co-Director of Youth Ministry, Our Lady Queen of Peace Parish, Madison

Parish Disability Liaison

Parish Disability Liaisons serve as a link between the Apostolate, your pastor, and people with disabilities in your parish. It hopes to promote a personal

connection with each person who has a disability in the diocese. As this program continues to grow, contact Dcn. Jim if you or someone you know may be a good fit for this position at your parish.



Day at the Duck Pond!

Join us this Summer!



Picture: Dcn. Jim Hoegemeier is ready to cheer for the Mallards and enjoy a fun day with you!

This summer, the Apostolate will be hosting a "Day at the Duck Pond." It will be a day of prayer, fellowship, and fun at the Madison Mallard's Stadium! We hope you can join us!

- Wednesday, July 13, 2022
- 11am Prayer Service with Bishop Hying
- **Buffet Lunch (Provided)**
- 1pm Baseball Game
- Madison Mallard's Stadium in Madison

Tickets are free, but space for this special event is limited. Please register early to save your seat!

To register,

Call the Apostolate at 608-821-3050 Or send an email to APD@MadisonDiocese.org.

Pray, Eat, and Go Mallards!

Memorials

Memorials For:

Will Coulthard Family William Bollant Anthony Ballweg, and Leo & Dorohy Ballweg Deceased Members of the Alphonse / Elizabeth Ripp Fam-Living & Deacesed of Koch & Laufenberg Families Living & Deceased of Ben & Mary Minter Family Reverend Monsignor Michael Laurence Burke

Given By:

Doris Wiegman Dorothy Bollant Mr. and Mrs. James H. Ripp

Herb & Eileen Statz

Gerry Laufenberg

Ben & Mary Minter

Teresa Bryant

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608-821-3050

Kellie O'Brien, Communications

Kellie.Obrien@MadisonDiocese.org

Memorials

Mass Intentions and Memorial Donations December 2021- March 2022

Memorials For:

Al Ripp Alex & Amelda Lochner Ann Gurriel Anna Mae Simon Anthony "Bud" Meister Arthur & Phyllis Hellenbrand Bernadine Ballweg Berniece Erb Berniece Erb Betty Nigbor Bill Weiss **Bob Borts** Bob Hollfelder Carl Neis Charles and Doris Carpenter

Clete & Dorothy Alt Clete and Dorothy Alt David Kite Sr. David Reese Delores Kirschbaum Dolores "Dolly" Shiveler Don Doty Don Lang Donna Deppeler Donovan Boley Dorthothy Hellenbrand Doug Selb

Dustin Helt Edward & Sarah Owens Eleanor Davidsaver Ernest & Arluwine Scribner Esther Kaul Father Richard Lenarz Florence Laufenberg Fredick & Mike Rauls Gladys Anderson Gordon Reese Gunnar Johnson Harold Řipp Irene Strobel Jack Laufenberg Jacob & Florence Buol Family Jake & Florence Buol James Avenson Edward & Sarah Owens James Henry Keleny Jane Morey Janet Hoffman

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Daniel & Rita Endres Kathleen Hellenbrand Jeffrey Gurriell Irene M. Reese Phyllis Meister Gary Hellenbrand Jackie Stoneman Family of Berniece Erb Irvin Ganzhubner Anonymous Elvy Weiss Anonymous Lois Śpahn Mary Thole Mr. and Mrs. Charles Carpenter The Alt Family Luanne Laubmeier Helen Kite Irene M. Reese Mary Thole Sandra and Jessica Shiveler Quamme Molly McDermott Mary Gorst Joan Cavanaugh Charlain Boley Delmer & Marion Hellenbrand Audrey Lukes Gerry Laufenberg Mary Gorst Linda Davidsaver Jean Johnson Timothy Kaul Molly McDermott Grace Buol Beatrice Rauls Molly McDermott Irené M. Reese Molly McDermott Daniel & Rita Endres Molly McDermott Gerry Laufenberg Charlain Boley John Buol Doris Bindl

Memorials For:

Ianet Hoffman Janice Werlein Jeff Bailey Jeremay Buol Joe & Śevi Rast Joe Donny Johanning / Mayer Families John A. Dischler John and Florentine Ruhland John Goley, Gary Weiss, Mi-chael Hill, John Dischler, Ray Weiss, and Raph Frank John Owens John Truesdale John Wiegman, SR Josh Ballweg Jude Thaddeus Julius and Calogera Bonura Kathryn Larson Leander, Verena and Ron Hellebrand Leo Breunig Leonard & Lydia Endres

LeRoy & Esther Haag Lester Palmer

Linda Acker Margaret Esser Marge Love

Marilyn Marcinkowski Mary & Bill Stanek Maxine Rose Doyle Melvin Bollig

Monsignor Thomas Campion Msgr. Ferdinand Mack Msgr. Michael L. Burke Nancy McGuire Norbert Michels Paul Wichmann Pete Maly

Peter & Marcella Ripp

Peter A. Ripp Rast / Kuhnel Families Ray & Emma Ring Family Robi Koci

Rollie & Joe Ripp Ronald Bollig Roseann Otter

Rosemary & Joseph Bartodzek Roy and Mary Robichaux Ruth O'Malley

Sister Grace Mary, MSTB Special Intention Stella Dresen

Stephan Takacs Ted & Margaret Laufenberg Tony & Kate Hellenbrand Walter Donovan Family

Given By:

Joan Cavanaugh Steven Werlein Steven Werlein Iason Buol Rast Family Gregory Knoke Duane & Bernadette Mayer Charlotte Dischler Sheila Ruhland Elvy Weiss

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Helen Campion Family Molly McDermott Mr. and Mrs. Joseph Burke Kathleen Fahnestock

Helen Kelly Steven Werlein Jeanne Maly Family Daniel & Rita Endres Daniel & Rita Endres Duane & Bernadette Mayer

Elvy Weiss Daniel & Rita Endres Joan Cavanaugh

Barbara Bollig Thomas Otter

Thomas & Cheryl Bartoszek Mrs. Stephan Takacs Molly McDermott

Molly McDermott Joan Cavanaugh Jim & Mary Ripp Mrs. Stephan Takacs

Delmer & Marion Hellenbrand Delmer & Marion Hellenbrand

(Tax deductible)

Linda Donovan

| with Disabilities |
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NEW: Please check a box to indicate if this memorial is a Mass request or a donation.

Mr. and Mrs. Stephen Esser

Molly McDermott

Herb & Eileen Statz

If your request is more complex, please include a short letter including your phone number to ensure that we process the request correctly. Call the Apostolate at 608-821-3050 with any questions.



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The Apostolate for Persons with Disabilities is an office in the Diocese of Madison, Wisconsin which strives to promote the full inclusion of persons with disabilities in the life of the Church.



In this issue...

- Lenten letter from Director, Msgr. Larry Bakke
- Learn more about the Easter Triduum
- Day at the Duck Pond in Madison this Summer
- Mental Health First Aid Trainings

Television Mass Schedule
Sundays
6am on WISC-TV Channel 3
7am on TVW and Direct TV 14



Thank you to

WISC-TV Channel 3

for your ongoing generosity in providing the weekly Mass to our viewing audience.